



16-Point Dental Health Check

Killiney Dental no longer subscribes to the traditional ten-minute check up philosophy. Instead, we consider the overall health of the mouth, both inside and out, through our comprehensive 16-point Dental Health Screen. At each appointment our clinicians will carry out the following checks.

We will check

- ✓ How healthy you think your gums and teeth are now.
- ✓ Whether you have any complaints or pain.
- ✓ Your health and medical history to see if they affect your mouth .
- ✓ Your dietary habits.
- ✓ Your social history, including alcohol and smoking habits.
- ✓ If you are satisfied with the appearance of your smile.
- ✓ Your general dental health, including screening for signs of oral cancer.
- ✓ Your teeth to see that they are healthy and strong, and look for signs of decay.
- ✓ Restorations for evidence of leakage, cracks or decay.
- ✓ Your jaws and bite of your teeth to check for irregularities.
- ✓ The health of your gums and look for signs of gingival or periodontal disease.
- ✓ Plaque levels and advise you on how to control it to preserve your oral health.
- ✓ The inside of your mouth including tongue, roof and floor of mouth.
- ✓ The outside of your mouth, including your face, jaw joints and lymph nodes.
- ✓ Using digital and ultra low-dose x-rays as an aid to diagnosis.
- ✓ Your current oral hygiene regimen.